

**SRI VIJAY VIDYALAYA COLLEGE OF ARTS AND SCIENCE  
NALLAMPALLI, DHARMAPURI DISTRICT, TAMIL NADU**

**BEST PRACTICES**

**I. ECOLOGICAL SENSITIZATION**

1. Goal – In almost all cultures women are equated with nature. In its endeavor to mold the perfect woman, Sri Vijay Vidyalaya College lays stress on instilling in its youth environmental consciousness thereby promoting a sustainable lifestyle.

2. The Context – The Programmed has evolved in tune with the institutional values. The college seeks to do its share in addressing contemporary issues.

3. The Practice – The Green Protocol is in practice on campus. The college seeks to reduce waste at the source. This helps tackle the issue of waste management on campus. The campus is a Plastic Free Campus. Several programs are held on the campus as zero waste initiatives. In several such events, plastic carry bags, disposable cups, and plates, tissue papers are banned. Online submission of assignments has substituted the use of papers. Conscious efforts were taken to use only environment-friendly products in exhibitions and other events. Cloth banners have replaced Flex banners for all programs on campus Cloth bags were designed and sold by the Centre for Gandhi and Studies and the department of Zoology to promote the use of eco-friendly bags. As a part of the life with nature program, the Zoology department organized training for making cloth bags at Nallampalli on 11-08- 2018. Twenty-five students from various departments have participated in the program Biodegradable waste is disposed of in an eco-friendly manner.

4. The NSS unit of the college has distributed vegetable seeds among the houses in Nallampalli Union. Also, a One Day State Level Seminar on the Causes, Effects, and Solutions of Plastic Pollution was organized on 20th June 2018. Students and teachers actively participate in the campus cleaning program. (A one-day sale cum exhibition of handmade items) was organized as a Zero waste initiative. NSS organizes bicycle training for all interested students. The majority of students and staff make use of public transport for their daily travel. Go Green and Save Trees are initiatives undertaken by the students of the college. The students also conducted a Dragonfly survey and prepared the People Biodiversity Register. They are also encouraged to identify the plant and animal species seen on the campus. They have already identified a good number of Spiders, birds, butterflies, and birds. Eco-friendly orientation is consciously cultivated among students by organizing various awareness programs and competitions. Environmentally significant days are observed on campus.

5. Evidence of success – The positive response of the college community towards such programs is proof of its success. Also, the programs have succeeded in creating a change in attitude among students, which is evident in their active participation.

6. Problems encountered and resources required. The time available is limited in a semester system. Thus, it is difficult to organize programs alongside the curricular schedule. Also, the change in attitude takes a longer time.

## **II. EXCELLENCE IN PHYSICAL EDUCATION**

1. Goal – It aims to provide the students with quality education with a strong footing on physical, intellectual, and skill development. The Context - This program is in line with the college's vision to mold the perfect woman through noble planning.

2. The Practice – Since education is the all-around drawing of the best in the child's mind, body, and spirit Sri Vijay Vidyalaya College offers its students facilities for intellectual, physical, and social development.

3. Along with regular academic programmes, the college follows a premeditated pattern for physical training also. It is a challenge to manage both sports and academics. The schedule of the university exams clashes with sports competitions is a major challenge. The college offers the opportunity to participate in competitions right from the district level to the international level. The winner at national and inter-university competitions are encouraged to apply for scholarships.

4. The problem encountered and resources required the time available is limited in a semester system. It is a challenge to manage both sports and academics. The schedule of the university clash with sports competition is a major challenge.